

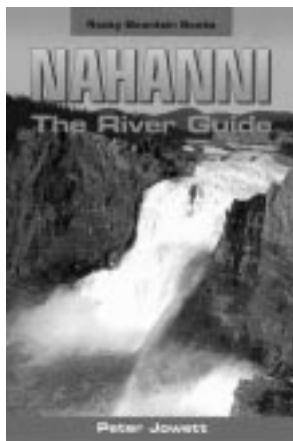


Nahanni: the river guide

Peter Jowett

A comprehensive guidebook to the South Nahanni and Flat rivers, **Nahanni: the river guide** is an invaluable resource for anyone planning a trip into this unique wilderness area of the Northwest Territories.

In addition to providing a description of the river, including advice on handling the more challenging whitewater sections, the author describes the geology, flora and fauna, and history of the area, and suggests places to hike to on rest days.



Peter Jowett has canoed the waters of Canada, from Ontario to the Yukon for many years. Since joining the warden service in 1984, he has worked all over western Canada, including two years in Nahanni—his favourite park.

Paperback, 6" x 9", 224 pages, b&w photos, river maps
 ISBN 0-921102-23-2 \$16.95

Stikine River: A guide to paddling

The Great River
 Jennifer Voss

The only guide to paddling the Stikine River in northwestern British Columbia, this book addresses the growing interest in canoeing and wilderness tripping. It provides information on planning a guided or self-guided trip on the Stikine River by canoe, kayak or raft and includes general planning tips, as well as specific information on the route including 32 river maps, rapid descriptions, hikes, flora, fauna, geology and history.



Jennifer Voss has been organizing and participating in wilderness canoe trips for the past 20 years and is a member of *The Friends of the Stikine*.

Paperback, 5.5" x 8.5", 224 pages, b&w photos, 32 river maps
 ISBN 0-921102-57-7 \$16.95

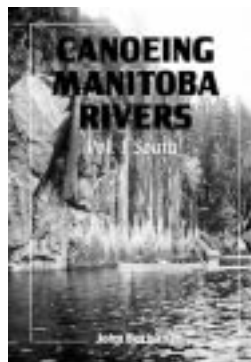
Canoeing Manitoba Rivers

Vol. 1 South

John D. Buchanan

This book is a guide to canoe trips in southern Manitoba. Whether you are looking for a quiet day paddle, an extended wilderness trip, a challenging rapid or a lake to explore, there is a trip for you in **Canoeing Manitoba Rivers**. Accompanying each river description is a tasty, simple-to-prepare recipe suitable for wilderness canoe tripping.

John 'Bucky' Buchanan is a well-known Manitoba paddler, with extensive river experience. A former Winnipeg resident, he calls the rivers of Manitoba his home from April to October. John, a compulsive note-taker, has compiled a set of detailed notes on all the rivers he has paddled.

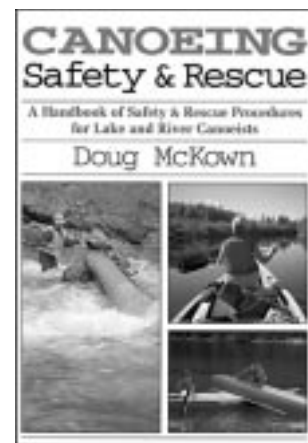


Paperback, 6" x 9"
 128 pages, b&w photos, maps
 ISBN 0-921102-55-0 \$14.95

Canoeing Safety & Rescue

Doug McKown

Essential reading for anyone involved in either river or lake paddling, this book discusses all aspects of canoe safety: how to develop safe canoe habits, concise step-by-step descriptions on how to manage rescues and how to choose appropriate rescue technique and equipment. Although directed chiefly at recreational open canoe paddlers, this book is a "must" for canoe guides, outdoor program leaders and summer camp operators.



Doug McKown, a paramedic in Banff, has been canoeing for more than 20 years. For the past 10 he has been involved in developing standardized canoe rescue techniques across Canada and teaches rescue techniques.

Paperback, 6.5" x 9.5", 128 pages, b&w photos, diagrams
 ISBN 0-921102-11-9 \$12.95